



## Jr. NBA Basketball League Registration Form

Participant Name \_\_\_\_\_ Age \_\_\_\_\_ Male / Female

Parent/Guardian Name \_\_\_\_\_

Street Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_ Email Address \_\_\_\_\_

I \_\_\_\_\_ (Parent/Guardian) have enrolled \_\_\_\_\_ (Child's Name) in a program of strenuous physical activity, offered by The Workman Sports & Wellness Complex (WSWC). I hereby affirm that I am or the above person is in good physical condition and does not suffer from any disability that would prevent or limit participation in this program. In consideration of myself, my heirs and assigns, hereby release by the WSWC from any claims, demands, and causes of action arising from my or the above named person's participation in any of the above stated programs, and I hereby release the WSWC, from any liability now or in the future including but not limited to heart attacks, muscle strains, pulls, tears, broken bones, shin splints, heat prostration, knee, lower back, or foot injuries and any other illness, soreness or injury however caused occurring before, during or after participation in any other of the above stated programs offered at the WSWC or at any time, while in the vicinity of the premises of the above stated business, or in any activity sponsored, represented, or organized by the WSWC, for any reason. I agree that my or my child's picture or likeness can be represented and published in any by the WSWC. By signing, I hereby affirm that I have read and fully understand and agree with the above waiver.

Signature of Parent/ Guardian: \_\_\_\_\_ Date: \_\_\_\_\_

- **Registration opens Monday August 21<sup>st</sup> and Closes Monday October 30<sup>th</sup>**
- **Skills assessments required for all players. See dates and times on reverse side.**
- **Please circle the appropriate age group & jersey size from the options listed below**

<b>1<sup>st</sup> &amp; 2<sup>nd</sup>: Member: \$40.00</b>	<b>Non-Member: \$60.00</b>	<b>6 Games &amp; Tournament</b>
<b>3<sup>rd</sup> &amp; 4<sup>th</sup>: Member: \$60.00</b>	<b>Non-Member: \$85.00</b>	<b>10 Games &amp; Tournament</b>
<b>5<sup>th</sup> &amp; 6<sup>th</sup>: Member: \$60.00</b>	<b>Non-Member: \$85.00</b>	<b>10 Games &amp; Tournament</b>
<b>7<sup>th</sup> &amp; 8<sup>th</sup>: Member: \$60.00</b>	<b>Non-Member: \$85.00</b>	<b>10 Games &amp; Tournament</b>

**Please see sizing chart on attached document and select jersey size below. Circle One:**

Youth Small	Youth Medium	Youth Large
Adult Small	Adult Medium	Adult Large

**For Office Use Only:** Payment Method: Cash \_\_\_\_\_ Check \_\_\_\_\_ Credit Card \_\_\_\_\_ Amount \_\_\_\_\_

Date Paid \_\_\_\_\_ Processed \_\_\_\_\_ Employee \_\_\_\_\_

**Skills assessments will be used to build teams and create a competitive balance.**

Below are the dates and time for each age group:

- 1<sup>st</sup> & 2<sup>nd</sup> Grade Date: Monday October 30<sup>th</sup> Time: 6:00pm
- 3<sup>rd</sup> & 4<sup>th</sup> Grade Date: Thursday November 2<sup>nd</sup> Time: 6:00pm
- 5<sup>th</sup> & 6<sup>th</sup> Grade Date: Monday October 30<sup>th</sup> Time: 7:00pm
- 7<sup>th</sup> & 8<sup>th</sup> Grade Date: Thursday November 2<sup>nd</sup> Time: 7:00pm
- **Participants not able to make the dates above will be required to attend our final skills assessment on Friday November 3<sup>rd</sup> at 6:00pm**
- Teams will have 7-9 players and only siblings are guaranteed to be teammates.
- Teams will practice once a week, each practice lasting approximately one hour.
- Coaches will determine the exact date and time for weekly practices
- Coaches must pass a criminal background check & abide by a set Code of Conduct.

**Game Days and Start Times**

**(League play will begin Saturday November 11<sup>th</sup>)**

- **1<sup>st</sup> & 2<sup>nd</sup> Grade:** Day: Mondays Start Time: Between 5:15pm – 6:45pm
- **3<sup>rd</sup> & 4<sup>th</sup> Grade:** Day: Saturdays Start Time: Between 8:30am – 11:30am
- **5<sup>th</sup> & 6<sup>th</sup> Grade:** Day: Tuesdays Start Time: Between 5:15pm – 8:00pm
- **7<sup>th</sup> & 8<sup>th</sup> Grade:** Day: Saturdays Start Time: Between 10:30am – 1:30pm

**Game Play:**

- 1<sup>st</sup> & 2<sup>nd</sup> Grade: Four 8-minute quarters on a running clock
- 3<sup>rd</sup> – 8<sup>th</sup> Grade: Two 20-minute halves with a running clock
- Each team will have 1 timeout per half (if only 5 players present that team will get 2)
- Players cannot foul out but will be given a technical foul for each foul after 5 personal fouls resulting in a free throw attempt for the other team.
- Full court press will only be allowed in the final 2 minutes of each half.
- Overtime will consist of a 3-minute extra period
- There will be minimum standards for participant playing time per game.

*\*Schedules are subject to change for weather or other unforeseen circumstances*