



RICHARD E. WORKMAN
Sports & Wellness
Complex



Jr. NBA Basketball League Registration Form: 2nd & 3rd Grade

Participant Name _____ Age _____ Male / Female

Parent/Guardian Name _____

Street Address _____ City _____ State _____ Zip _____

Phone _____ Email Address _____

I _____ (Parent/Guardian) have enrolled _____ (Child's Name) in a program of strenuous physical activity, offered by The Workman Sports & Wellness Complex (WSWC). I hereby affirm that I am or the above person is in good physical condition and does not suffer from any disability that would prevent or limit participation in this program. In consideration of myself, my heirs and assigns, hereby release by the WSWC from any claims, demands, and causes of action arising from my or the above named person's participation in any of the above stated programs, and I hereby release the WSWC, from any liability now or in the future including but not limited to heart attacks, muscle strains, pulls, tears, broken bones, shin splints, heat prostration, knee, lower back, or foot injuries and any other illness, soreness or injury however caused occurring before, during or after participation in any other of the above stated programs offered at the WSWC or at any time, while in the vicinity of the premises of the above stated business, or in any activity sponsored, represented, or organized by the WSWC, for any reason. I agree that my or my child's picture or likeness can be represented and published in any by the WSWC. By signing, I hereby affirm that I have read and fully understand and agree with the above waiver.

Signature of Parent/ Guardian: _____ Date: _____

- **Registration opens Monday June 25th and closes Tuesday November 6th**
- **Season Tipoff for this age group will be Monday Nov. 26th**
- **If you are interested in coaching, please fill out the reverse side of this form**
(Volunteer Coaches will pay only \$20.00 per child per team they coach)
(Ron Reed will host 2 free coaching clinics on July 20th & Aug. 10th at 6pm – 8pm)
- **Skills assessments Date: (Please Circle the Group that works best for you)**
Monday November 5th: Group A: 5:30pm – 6:30pm Group B: 6:30pm –7:30pm
Tuesday November 6th:Group C: 5:30pm – 6:30pm Group D: 6:30pm –7:30pm
- **Please circle the appropriate jersey size from the options listed below**

Youth Small Youth Medium Youth Large Adult Small Adult Medium Adult Large

Fee: Member: \$60.00 Non-Member: \$85.00 Fee for Coaches: \$20.00 (Cost of Jersey)

For Office Use Only: Payment Method: Cash _____ Check _____ Credit Card _____ Amount _____
Date Paid _____ Processed _____ Employee _____



League Information Sheet: 2nd & 3rd Grade

All coaches are encouraged to attend both skill assessments being held on Monday November 5th and Tuesday November 6th. We will have two groups for each date group 1 from 5:30pm-6:30pm and group 2 from 6:30pm-7:30pm. At the end of our second day of assessments coaches and league supervisors will meet to complete the league draft. At the end of the player draft coaches will be provided the parents phone number and email for each player they selected. Coaches will be asked to contact each of the parents for all their players on or before Wednesday November 8th at 8:00pm. Each team will conduct (1) one-hour practice prior to the start of the season. Coaches will select a day and time between Saturday November 17th and Saturday November 24th to hold their first practice.

- Teams will have between 7-9 players & only siblings are guaranteed to be teammates
- Team jerseys will be handed out just before each teams' first game
- **Girls teams will play all regular season games on Mondays**
- Boys teams will play all regular season games on Tuesdays and Thursdays
- **Boys teams scheduled on Tuesdays will play all regular season games Tuesdays**
- **Boys teams scheduled on Thursdays will play all regular season games Thursdays**
- Team schedules will vary during playoffs, all teams will participate in the playoffs
- For each gameday teams will meet for a 45-minute practice before each game
- The listed start time on the schedule is the start time for your teams practice
- Teams in this age group will play (2) 20-halves with a running clock
- Teams will only be allowed to play man to man defense and half-court
- During the final 2 minutes of each half teams may use the full court press
- Players cannot foul out.
- After 5 fouls for a player, the opposing team gets a free throw and possession
- The shooter will be selected by the team that was fouled
- On (team) fouls 6-9 of a half, the opposing team shoots a 1 & 1 free throw per foul
- For every team foul after 9 fouls, the opposing team will earn 2 free throw attempts
- Teams will play 10 regular season games followed by a single elimination tournament
- All players will play at least half of each game